

Barlborough NHS Treatment Centre

Aftercare services

Derbyshire British Red Cross Home from Hospital

- offer services include preparing the patient's (your) home, being in your home to receive you on your return from hospital, keeping you company on your first day, seeing that you are warm and comfortable, shopping, collecting prescriptions, ensuring that you have food to eat and help to prepare a snack or light meal, supporting relatives, accompanying you on a walk, helping to care for a pet and help with correspondence.

You can make a referral for support and so can your family, friends and healthcare provider: **01246 515525**.

Derbyshire County Council - offer services including Handy Van, Telecare (alarms and remote monitoring), Falls Prevention Service, and Dementia Support Service for further information call **01629 533190**.

Age UK Derbyshire Doncaster, Rotherham, Barnsley, Lincolnshire - offer services on exercise, falls prevention, visiting, befriending, IT/ Computer training, social activities and domestic chores. Age UK services can be accessed by Social Care or self-referral. For information and advice, call **0800 678 1174** or for all other enquiries, call **0800 169 8787** and for Derbyshire call **01773 768240**. Any care packages that are set up through social services/adult care are usually arranged prior to admission for surgery at your pre-assessment. If there is no capacity in the area then private care details can be provided for you to arrange your own care package which may have to be paid for.

Age UK Nottinghamshire – offer services on exercise, fall prevention, visiting, befriending, IT/Computer training, social activities. Tel: **0115 8440011**.

If you need any further information on these services please ask a member of staff for more details.

The Cinnamon Trust - This National Charity has a network of volunteers that help care for pets when owners are housebound or in hospital. **01736 757 900**.

Sheffield CCCC (Churches Council for Community Care) – Helps older people in their own homes and can also support them if they are admitted to or discharged from hospital. Referrals can be made by Health and Social Care Teams (**0114**) **250 5293**.

Meal Delivery Services:

- Oakhouse - **01246 551870**
- Parkcare Meals (Doncaster) - **01302 365365**
- Meals on Wheels (Mansfield) - **01623 490015**

Royal Voluntary Service – offer services on community transport, support at home, social activities, meals on wheels, good neighbours and befriending, home library services including books on wheels. Areas covered: Nottinghamshire, Derbyshire, Sheffield, and Barnsley. For more information call **0845 608 0122**.

Contact The Elderly – Have groups for 75's and over that meet monthly for fun, friendship, tea and cake! They are held in a volunteer's home and have groups in Chesterfield, Worksop, Mansfield /Sutton in Ashfield, Sheffield, and Rotherham

